

# CHILD WELFARE ACADEMY

## Resource Parent Training Calendar May through August 2025

### Welcome!

Our training is provided for all Maryland County DSS Resource Parents and Kin Caregivers. All trainings are FREE.

**REGISTER HERE - <https://theinstitute.ce21.com/>**

**ALL Trainings are virtual.** In Person events will be noted.

Attendees must attend the entire class in order to receive credit. No partial credit is given.

If sharing a device, **BOTH must remain on camera throughout the training.** Otherwise, please join from separate devices.

### May

**Tue 5/13**  
**6:00-8:00pm**  
**(2 training hours)**

#### **Effective Mental Health Treatment through a Trauma-Informed Lens\*\***

This training offers tips on how to be effective consumers of child psychiatry services including general review of diagnostic evaluations, outcomes, evidence-based care, informed consent/assent, treatment adherence, medication side effects and safety issues, and tips when treatment is not working. This training will center around Trauma-informed treatment and recognizing trauma and its impact on children and families.

**Thu 5/22**  
**6:00-9:00pm**  
**(3 training hours)**

#### **Promoting Parent Partnership – A Guide for Resource Families**

This training will discuss the critical role of resource and kin providers in supporting parent partnership with families of origin. Guidance on Comfort Calls and Icebreakers and Continuum of Contact will be reviewed and utilized to promote and outline best practices for facilitating authentic engagement, partnership and teaming to build a positive, trusting co-parenting relationship. The benefits and challenges of parent partnership for the child, birth parents and resource parents will be discussed, and caregivers will leave with actionable strategies.

**Wed 5/28**  
**6:00-8:00pm**  
**(2 training hours)**

**Wounds of Abandonment in Foster Care & Adoption\*:** The Origin, Impact & Healing  
Children and adults who have experienced foster care and adoption can also experience significant wounds of abandonment due to disrupted attachment and frequently the loss of significant caregivers and adults in their life. This training will focus on how these wounds form, how they manifest behavior in relationships which can be disruptive and lead to further wounding, as well as some key strategies to approach healing abandonment wounds and create new secure patterns to increase healthy relationships and cultivate a sense of belonging in their lives.

\* Indicates training that meets the Discipline/Behavior Requirement

\*\* Indicates training that meets the Medication Management Requirement

^ Federally funded training from National Training and Development Curriculum (NTDC) released to the public for free in 6/2022



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**Fri 5/30**  
**12:00-1:30pm**  
**(1.5 training hours)**

### **LUNCH AND LEARN: Trevor Project's CARE (Connect, Accept, Respond, Empower) Suicide Prevention Training**

The Trevor Project's CARE Training is an interactive and intensive training that provides adults with an overview of suicide among lesbian, gay, bisexual, transgender, queer & questioning (LGBTQ) youth, and the different environmental stressors that contribute to their heightened risk for suicide.

## June

**Thu 6/5**  
**6:00-8:00pm**  
**(2 training hours)**

### **The Ins and Outs of Guardianship and Adoption**

The path to adoption finalization and guardianship can be confusing and it's important for resource families to understand the process. Join us as we explore the ins and outs of adoption and guardianship, including timeframes, court hearings, mediation, post-adoption contact agreements, navigating ongoing contact with birth families, adoption and guardianship subsidies, and important resources.

**Tue 6/17**  
**6:00-8:00pm**  
**(2 training hours)**

### **Adolescence and Trauma – Understanding the Relationship**

This workshop outlines the developmental tasks of adolescence, including separation and individuation, and explores how each are severely impacted by trauma and the foster care experience. This overview provides a useful context for parents and staff as they attempt to make sense of the changes their foster youth is experiencing and support them as they encounter the challenges that are unique to this developmental period. This workshop also offers tools and strategies to parents for understanding behavior and responding in a trauma-informed way that promotes healing and preserves the parent/child relationship.

**Fri 6/20**  
**12:00-1:00pm**  
**(1 training hour)**

### **LUNCH AND LEARN: Child Passenger Safety Building Blocks**

This training will help caregivers become familiar with Maryland's Child Passenger Safety Laws. Through interactive discussion, parents will be able to recognize appropriate car seat types for infants and children, including key points of installing a rear-facing car seat. Caregivers will learn the proper harnessing of infants in car seats and receive Child Passenger Safety resources.

**Sat 6/21**  
**10:00-12:00pm**  
**(2 training hours)**

### **Discipline with a Foster Care/Adoption Twist\***

Foster and adoptive children who have experienced maltreatment and other forms of trauma require specialized discipline approaches that enhance relationships, build connections, preserve self-esteem, and avoid re-traumatization. There are numerous behavior management programs and discipline techniques that are effective for mainstream parenting but may need to be adapted to meet the unique needs of adopted and foster children. This workshop will explore how elements of traditionally accepted approaches

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such as 123-magic, Love and Logic, time-out, and lecture can be tweaked for children with traumatic histories. Participants will learn specific strategies they can begin applying immediately.

### July

**Wed 7/9**

**6:00-8:00pm  
(2 hours)**

#### **#Resource Parent Refresh**

Fostering is hard work and they weren't kidding when they said it takes a village! Partnering with DSS, supporting reunification, and navigating the court process while caring for children with complicated stories and big feelings can seem unmanageable. Join us as we explore strategies and tips for navigating our system while reviewing the nuts and bolts of foster parenting in Maryland.

**Fri 7/18**

**12:00-  
1:30pm (1.5  
hours)**

#### **The Trevor Project's LGBTQ+ Ally Training**

This cultural competency training is designed to create dialogue around being an adult ally for LGBTQ+ youth by informing participants about common terminology, the "coming out" process, and challenges at home, in school, and the community.

### August

**Sat 8/2**

**9:00-11:00am  
(2 hours)**

#### **Understanding Trauma and Sexualized Behaviors in Children and Teens\***

This seminar will provide an overview of "typical" childhood sexual behavior and development, and the factors that influence healthy versus unhealthy patterns. Participants will explore their own beliefs related to sexuality, as well as common myths and realities of childhood sexual abuse. The immediate and long-term impact of childhood sexual abuse will be discussed, and participants will gain a better understanding of the characteristics of children and teens who are more likely to exhibit sexualized and abusive behavior.

**Thu 8/7**

**6:00-8:00pm  
(2 hours)**

#### **Sibling Separation and Healing Connections**

Being placed with a sibling during a time of the unknown creates a small sense of normality. However, despite the benefits most siblings are often separated when they enter the foster care system. This webinar will explore how to help children process, grieve, and thrive despite sibling separation so that they can have healing connections. This training will provide tools, caregiver recommendations, and strategies to help siblings stay connected and heal during the separation process.

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**Wed 8/18**  
**6:00-8:00pm**  
**(2 hours)**

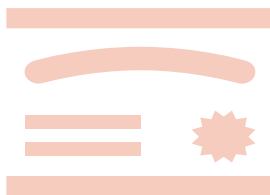
### **Building Parental Resilience\*\***

The purpose of this training is to help foster and adoptive parents understand concepts and definitions related to enhancing resiliency in children who have experienced loss, separation, or other traumatic experiences; understand the protective factors; how to build upon protective factors; become aware of strategies that support children and develop their identity, self-esteem, and skills towards self- advocacy.

**Questions? Contact Laura Teetermoran**

**[lteetermoran@ssw.umaryland.edu](mailto:lteetermoran@ssw.umaryland.edu) or (410)706-0721**

### **Attendance Policy**



- **Sharing a device with a partner? You must both be visible on camera for the duration of the training. You are also welcome to use two devices with cameras off**
- **You must attend the entire training to receive credit.**
- **No partial credit can be given.**
- **Please use earphones as some content is confidential or not appropriate for children**
- **Certificates are available online within 5 business days**

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