

Spring 2019

Resource Parent Conference

Chesapeake College, 1000 College Circle, Wye Mills, MD 21679

Saturday, March 23, 2019
8:00am-4:30pm (6 training hours)

Keynote Speaker – Tony Hynes

After spending time in foster care for the first few years of his life, Tony was adopted by his parents Mary and Janet in the mid-1990s. His family faced a custody battle with his birth family, who felt Mary and Janet, two white women, were not the right people to raise him. Tony writes about his experiences growing up as both a transracial adoptee, former foster youth, and as a child growing up in a same sex headed household in his memoir "The Son With Two Moms." Today, Tony is an advocate for families like his, serving on the Board of Directors for Rainbow Families, Tony is currently pursuing his Ph.D. focusing on racial connectedness among transracial adoptees. Tony co-facilitates the Transracial Adoption Group (TAG) at FamilyWorks Together.

Morning Workshops – Two Hours – Choose One

The Power of Healing Relationships for Traumatized Children in Foster Care*

(Meets Maryland's Behavior Management Requirement) Participants will gain a basic understanding of trauma and its impact on youth in care and leave with applicable tools for helping traumatized children by building a therapeutic, healing relationship with the child.

Beyond Cutting: An In-Depth Look at Self-Injurious Behaviors

Self-injury, self-harm, or self-mutilation refers to individuals who intentionally and repeatedly harm themselves. This includes cutting, but can also include such things as: hair pulling, head banging and interfering with wound healing. Various issues will be discussed including but not limited to propensity, forms of injury, risk factors, brain development, co-morbidity, non-suicidal self-injury diagnosis and treatment modalities.

Raising Children in Social Equity

This workshop will explore anti-racism and mindfulness in action. Concepts of race, equality, culture and equity are central to our work as resource parents. It's always there, and it impacts all of us, yet we have a hard time weaving through the emotionality of it all.

Understanding Trauma and Sexualized Behavior in Children and Teens

An overview of "typical" childhood sexual behavior and development, and the factors that influence healthy versus unhealthy patterns will be discussed. Parents will explore their own beliefs related to sexuality, and common myths and realities of childhood sexual abuse. The impact of childhood sexual abuse will be discussed, and participants will gain a better understanding of the characteristics of children and teens who are more likely to exhibit sexualized and abusive behavior.

Infant, Youth, & Adult CPR

This comprehensive CPR course provides training for use with infant, youth, and adult victims in a variety of emergency situations. Participants will learn skills that include performing rescue breathing, clearing an obstructed airway, and performing one-rescuer CPR.

Participants
will enjoy:

Motivational
Keynote

Morning &
Afternoon
Workshops

Breakfast &
Lunch

Parent Panel

Door Prize
Raffles

Vendors

Maryland
Resource Parent
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Afternoon Workshops – Two Hours – Choose One

Caring for LGBTQ Youth

This critical session equips parents with a comprehensive foundation of knowledge on lesbian, gay, bisexual, transgender, queer, and questioning (LGBTQ) individuals and their experiences within the child welfare system. Participants will learn key concepts and terminology related to sexual orientation, gender identity and expression (SOGIE). Research findings on the prevalence and experiences of LGBTQ youth in foster care will be explored. The session concludes by outlining the steps every parent can take to welcome and affirm LGBTQ youth within their homes and beyond.

If Behaviors Aren't Making Sense, Maybe It's Sensory*

(Meets Maryland's Behavior Management Requirement)

Come learn about sensory processing issues that some children develop due to abuse or neglect and learn ways to address them.

Managing the Triad

There are many joys that come with creating a family through adoption and guardianship. Still, adoptive/guardianship parents, adoptees, and birth parents often experience their own unique feelings of loss, rejection, guilt and shame. Some children have ongoing relationships with their birth parents and/or families, while for others there is no contact. However, birth parents continue to exist in children's memories, imaginations, and dreams. It is up to parents to help their children navigate relationships that are confusing, sometimes hurtful, yet always important to their developing sense of self. In this training, parents will come away with a better understanding of the different perspectives each member of the triad brings and how to better support their children, while taking care of themselves emotionally in the process.

Drug Trends and Identification

Participants will learn what to look for and how to identify controlled dangerous substances from a Maryland State Police Drug Enforcement Assistant Commander

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TO REGISTER go to www.family.umaryland.edu/rpt

Use the CONFERENCE button to reach the RPT LearnCenter login page, where you will be asked for your username and password. Once logged in, click the conference button on the left.

If you do not know your username and/or password, please email lteetermoran@ssw.umaryland.edu to request your username and password.

If you need assistance registering for the conference, please call 410-706-0721 or 410-706-4509.