

RESOURCE PARENT

SPRING 2019 TRAINING CALENDAR

A Maryland Department of Human Services (DHS) & University of Maryland School of Social Work (UMB SSW), Child Welfare Academy (CWA) Partnership

JAN

FEB

MAR

APR

MAY

JUNE

JULY



UNIVERSITY of MARYLAND
SCHOOL OF SOCIAL WORK

TRANSFORMING PRACTICE THROUGH EDUCATION, TRAINING & EVALUATION
Child Welfare Academy



UNIVERSITY of MARYLAND
SCHOOL OF SOCIAL WORK
Child Welfare Academy, c/o Laura Teetermoran
525 W. Redwood Street
Baltimore, Maryland 21201-1705

CONFERENCE

Spring 2018 Resource Parent Conference

Saturday 3/23/19
8:30am – 4:00pm

Hours: 6
Chesapeake College |
1000 College Circle, Wye Mills, MD 21679

Please join the Maryland Resource Parent Association, the Child Welfare Academy, & the Department of Human Services, in conjunction with the local Departments of Social Services, for a full-day resource parent conference to include motivational keynotes, morning & afternoon workshops, & a gift basket raffle.
Breakfast, lunch, & afternoon snack will be provided.

Morning Workshops

- Understanding Trauma & Sexualized Behavior
- The Power of Healing Relationships for Traumatized Children*
- Raising Children in Racial Equity
- Infant, Child, & Adult CPR
- Beyond Cutting: An In-Depth Look at Self-Injurious Behaviors

Afternoon Workshops

- Managing the Triad
- Caring for LGBTQ Youth
- If Behaviors Aren't Making Sense, Maybe It's Sensory*
- Drug Identification
- Infant, Child, & Adult CPR

* indicates courses that meet the state's discipline requirements
Register at: www.family.umaryland.edu/rpt OR call 410.706.0721 | 410.706.4509

IMPORTANT REMINDERS

- Training Certificates are provided.
- Due to the sensitive nature of these topics, only registered participants are permitted in the classroom. **CHILD CARE IS NOT PROVIDED BY CWA. PLEASE DO NOT BRING CHILDREN OR TEENS.**
- Breakfast & lunch are NOT provided by CWA. Please plan accordingly.
- Training for MD Resource Parents is offered at no cost.

SPRING

2019

Training is offered statewide to Maryland Resource Parents through the Maryland Department of Human Services (DHS) & University of Maryland School of Social Work (UMB SSW), Child Welfare Academy (CWA) partnership. The training provides resource parents with professional development education, resources, & tools to help with complex situations or issues related to caring for children, youth & teens in foster care.

CONTACT US TODAY TO REGISTER:

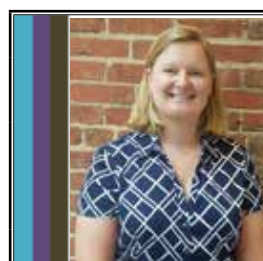
ONLINE: www.family.umaryland.edu/rpt



***Your username is Last Name, First Initial OR Last Name, Full Name (ex. SmithJ or SmithJohn)**

TELEPHONE: 410.706.0721 or 410.706.4509

EMAIL: lteetermoran@ssw.umaryland.edu



"My name is Laura Teetermoran, & I have stepped into the role previously held by Amy Bouldin as the Resource Parent Training Program Manager here at the Child Welfare Academy. I look forward to seeing you at our spring trainings!"

SPRING 2019 MARYLAND RESOURCE PARENT TRAINING CALENDAR

JANUARY

DATE/TIME	TRAINING/LOCATION	Asterisk (*) Indicates Training Meets Discipline Requirement
Sat, 1/12/19 9:00pm – 4:00pm	Trust-Based Relational Intervention Montgomery Co. DSS 1301 Piccard Drive, Rockville, MD 20850	Hours: 6
This training provides an introduction to TBRI - Trust-Based Relational Intervention as a model for caregiving. Caregivers will learn about Connection, Empowerment, and Correction. The second half of the day will focus on the Connecting Principle, learning the foundation of attachment and why it is important to understand relational and behavioral strategies. ALL DAY TRAINING.		
Tue, 1/22/19 5:30pm – 8:30pm	Digital Safety Cecil Co. DSS 170 E. Main Street, Elkton, MD 21921	Hours: 3
Learn about online safety and how to protect children from technology facilitated crimes, sexting, child pornography, online predators, social networks, and more.		
Fri, 1/25/19 AM: 9:00am – 12:00pm PM: 1:00pm – 4:00pm	AM: Making the Most of Visitation PM: Caring for LGBTQ Youth UMB School of Social Work 525 W. Redwood Street, Baltimore, MD 21201	Hours: 3 Hours: 3
AM: This training will introduce tools to engage families (biological & resource) to develop relationships structured to support a child while they stay in state custody. PM: This training will explore a broad range of gender identity and sexual orientation, & review inclusive terms & definitions. Local resources will be identified.		

FEBRUARY

DATE/TIME	TRAINING/LOCATION	Asterisk (*) Indicates Training Meets Discipline Requirement
Tue, 2/12/19 6:00pm – 8:00pm	When Things Are Hard - Stuck in Blocked Care Wicomico Co. TCC Multi-Service Center 31901 Tri-County Way, Salisbury, MD 21804	Hours: 2
Parents will develop self-compassion & learn strategies for increasing their capacity to empathize & reconnect with their child, as well as be a healing resource for them.		
Wed, 2/20/19 5:30pm – 8:30pm	Parenting & Teaching Our Children Connection Prince George's Co. DSS 925 Brightseat Road, Hyattsville, MD 20785	Hours: 3
This training provides a safe space for caregivers to consider unconscious interactions & relationships, but also intergenerational habits & their effects on children. Participants will leave with 8 solid strategies for rebuilding healthy relationships and their community.		
Sat, 2/23/19 9:00am – 4:00pm	Healthy Sexuality & Teen Pregnancy Prevention Baltimore City DSS 1910 N. Broadway Street, Baltimore, MD 21213	Hours: 6
This training will enhance comm. skills as they relate to sexuality issues. ALL DAY		
Tue, 2/26/19 6:00pm – 8:00pm	Grief 101 Charles Co. DSS 200 Kent Avenue, La Plata, MD 20646	Hours: 2
This is a general training that addresses myths & misconceptions about grief, basic tips & tools for coping, & outlines the range of grief experiences including a general discussion of non-death related losses.		

MARCH

DATE/TIME	TRAINING/LOCATION	Asterisk (*) Indicates Training Meets Discipline Requirement
Tue, 3/5/19 5:30pm – 8:30pm	Ambiguous Grief Allegany Co. DSS 1 Frederick Road, Cumberland, MD 21502	Hours: 3
This presentation explores ambiguous grief (grieving someone who is still alive) in depth. It addresses the complexities of these losses, and applies Pauline Boss's evidence-based approach to coping with ambiguous losses both individually & as a family.		
Wed, 3/13/19 6:30pm – 8:30pm	Openness In Adoption Carroll Co. DSS 1232 Tech Court, Westminster, MD 21157	Hours: 2
This training explores the varied nature of open adoption & discusses how to prepare for the joys & challenges that can come with it. We will discuss setting appropriate boundaries, answering difficult questions, & dealing with its often inconsistent nature.		
Sat, 3/23/19 8:00am – 4:30pm	Spring 2018 Resource Parent Conference* Chesapeake College 1000 College Circle, Wye Mills, MD 21679	Hours: 6
SEE REVERSE SIDE FOR AVAILABLE CONFERENCE CLASSES.		

APRIL

DATE/TIME	TRAINING/LOCATION	Asterisk (*) Indicates Training Meets Discipline Requirement
Tue, 4/2/19 6:00pm – 8:00pm	Understanding & Recognizing Trauma Behaviors* Charles Co. DSS 200 Kent Avenue, La Plata, MD 20646	Hours: 2
Understand how trauma impacts a child's development across the lifespan. Learn practical interventions for your daily interactions with children.		
Sat, 4/6/19 AM: 9:00am – 12:00pm PM: 1:00pm – 4:00pm	AM: Sexualized Behavior in Children & Teens PM: How to Parent the Wounded Child* Anne Arundel Co. DSS 2664 Riva Road, Annapolis MD 21401	Hours: 3 Hours: 3
AM: Learn an overview of "typical" childhood sexual behavior & development, & influences on healthy vs. unhealthy patterns. Participants will explore their own beliefs related to sexuality and common myths & realities of childhood sexual abuse. PM: Learn about the effects of trauma & broken attachments on a child's developing brain. Build your own capacity to help children heal & increase self-regulation.		
Wed, 4/10/19 6:30pm – 8:30pm	We Are Family Carroll Co. DSS 1232 Tech Court, Westminster, MD 21157	Hours: 2
Learn how to integrate traumatized children into your family, including creating a family mission statement that fosters connection and reduces re-traumatization.		
Fri, 4/12/19 AM: 9:00am – 12:00pm PM: 1:00pm – 4:00pm	AM: Healing Relationships for Traumatized Children* PM: Drug Related Death & Addiction UMB School of Social Work 525 W. Redwood Street, Baltimore, MD 21201	Hours: 3 Hours: 3
AM: Participants will gain a basic understanding of trauma and its impact on youth in care & leave with applicable tools for building therapeutic, healing relationships. PM: This workshop will address the language of addiction and loss and how to talk to and support children affected by these.		
Sat, 4/13/19 AM: 9:00am – 12:00pm PM: 1:00pm – 4:00pm	AM: My Birth Mother Friendened Me PM: Holding it Together: Disruption Prevention* Harford Co. DSS 2 S. Bond Street, Suite 300, Bel Air, MD 21014	Hours: 3 Hours: 3
AM: This training will explore the complex issue of adoption and social media, and will offer families practical guidance and support. PM: Explore the stages of disruption, discuss its impact on parents & children, and outline prevention strategies to help families stay together.		
Tue, 4/23/19 5:30pm – 8:30pm	Managing the Triad Howard Co. DSS 9780 Patuxent Woods Drive, Columbia, MD 21046	Hours: 3
Parents will come away with a better understanding of the different perspectives of each member of the triad - birth parents, foster parents, & children. Learn how to navigate relationships that are important to your child's developing sense of self.		

MAY

DATE/TIME	TRAINING/LOCATION	Asterisk (*) Indicates Training Meets Discipline Requirement
Sat, 5/4/19 AM: 9:00am – 12:00pm PM: 1:00pm – 4:00pm	AM: Beyond Cutting - Self-Injury Behaviors PM: Adolescence & Trauma: Understanding the Relationship UMB School of Social Work 525 W. Redwood Street, Baltimore, MD 21201	Hours: 3 Hours: 3
AM: This training will examine the various forms of self-injurious behaviors that go beyond cutting. Various issues will be discussed including forms of injury, risk factors, brain development, co-morbidity, nonsuicidal self-injury diagnosis and treatment modalities. PM: Learn the developmental tasks of adolescence and explore how each are severely impacted by trauma and the foster care system.		
Wed, 5/8/19 6:00pm – 8:00pm	Discipline: Finding Children's Strengths* St. Mary's Co. DSS 23110 Leonard Hall Drive, Leonardtown, MD 20650	Hours: 2
Do you question whether you are using discipline correctly, & are you tired of always focusing on the negative? Learn how to tackle situations from a different perspective.		
Tue, 5/14/19 6:00pm – 8:00pm	Teach Your Child to Chill Washington Co. DSS 122 N. Potomac Street, Hagerstown, MD 21740	Hours: 2
We will discuss how stress impacts brain development and behavior through the lifespan. The training will also help you learn the MOST powerful tool for changing your child's life.		

JUNE/JULY

DATE/TIME	TRAINING/LOCATION	Asterisk (*) Indicates Training Meets Discipline Requirement
Sat, 6/8/19 9:00am – 4:00pm	Healthy Sexuality & Teen Pregnancy Prevention Baltimore City DSS 1910 N. Broadway Street, Baltimore, MD 21213	Hours: 6
This training will enhance the communication and messaging skills as they relate to sexuality issues. ALL DAY TRAINING.		
Mon, 6/24/19 5:30pm – 8:30pm	Working Together to Create Safe Spaces Frederick Co. DSS 1888 N. Market Street, Frederick, MD 21701	Hours: 3
This interactive training will provide participants the opportunity to work together to identify safe spaces, words, and communication styles to support children impacted by trauma.		
Sat, 7/13/19 AM: 9:00am – 12:00pm PM: 1:00pm – 4:00pm	AM: Adult, Child, & Infant CPR PM: Attachment & Trauma - Helping Kids Heal * UMB School of Social Work 525 W. Redwood Street, Baltimore, MD 21201	Hours: 3 Hours: 3
AM: Earn your certification in Adult, Child, and Infant CPR. PM: Learn to reinterpret challenging behaviors as symptoms of trauma and learned coping methods rather than defiance or manipulation.		

WEBINARS

Enroll in any webinar via the online RPT LearnCenter at www.family.umaryland.edu/rpt. Webinar link will be in the emailed confirmation letter.

LUNCH & LEARN WEBINAR SERIES, 12:00PM - 1:00PM

Thu, 2/7/19	Youth with Incarcerated Parents	Hours: 1
This training will help parents understand the impact of incarcerated parents on a child & provide caregivers with the tools to help children process their feelings.		
Thu, 3/7/19	Car Seat Safety	Hours: 1
70% of car seats are being used incorrectly. Review current best practices, incl. selection, direction, location, & installation of a car seat & proper harnessing.		
Tue, 4/9/19	Mindfulness Parenting	Hours: 1
This training will encompass mindful parenting practices to create an overall peaceful home environment. It will connect families in meaningful ways by implementing effective communication tools between caregivers and their children.		
Wed, 5/1/19	Caring for LGBTQ Youth	Hours: 1
This training will explore the broad range of gender identity & sexual orientation & review inclusive terms & definitions. Local resources will be identified.		
Tue, 7/9/19	Home Safety	Hours: 1
This webinar will increase awareness on how to have your home licensed when caring for children in foster care, & how to keep your family safe.		

EVENING WEBINAR SERIES, 7:00PM - 8:00PM

Thu, 1/17/19	Social Media Safety & Bullying	Hours: 1
Learn various social media platforms, explore how they can be used effectively and appropriately, and identify concerns specifically around cyber-bullying.		
Tue, 3/12/19	Resource Parent's Rights & the Court Process	Hours: 1
Learn about the topic from attorney and Maryland Resource Parent Ombudsman, Jennifer Rosen.		
Tue, 5/7/19	Overview of Child Sex Trafficking	Hours: 1
Understand what human trafficking is, including the sex and labor trafficking of minors. Identify red flags, potential victims, myths, and misconceptions.		
Tue, 6/4/19	Understanding the Need for Identity Formation	Hours: 1
This class seeks to help resource parents understand what is identify formation, why it's important for children who have experienced complex trauma, and how to support the process of identify formation.		
Thu, 6/27/19	Opioid Related Death: The Impact on Families	Hours: 1
This workshop will address the language of addiction and loss and how to talk to and support children affected by these.		