

FALL 2018 MARYLAND RESOURCE PARENT TRAINING CALENDAR

AUGUST

DATE / TIME	TRAINING / LOCATION	Asterisk (*) Indicates Training Meets Discipline Requirement
Thu, 8/16/18 5:30pm – 8:30pm	Digital Safety Washington Co. DSS 122 North Potomac Street, Hagerstown, MD 21740	Hours: 3

Learn about online safety and how to protect children from technology facilitated crimes, sexting, child pornography, online predators, social networks, and more.

Sat, 8/18/18 AM: 9:00am – 12:00pm PM: 1:00pm – 4:00pm	AM: Complicated Children* PM: Answering Difficult Questions Baltimore City DSS 1910 N. Broadway, Baltimore MD 21213	Hours: 3 Hours: 3
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AM: Learn why children with complicated histories behave the way they do and how to handle these behaviors to create long term change.
PM: Learn how to enhance your communication and messaging skills as they relate to sexuality issues.

Fri, 8/24/18 6:00pm – 8:00pm	We Are Family Talbot Co. DSS 301 Bay Street, #5, Easton, MD 21601	Hours: 2
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Learn how to integrate traumatized children into your family, including creating a family mission statement that fosters connection and reduces re-traumatization.

Wed, 8/29/18 6:00pm – 9:00pm	Bringing Healing to Our Children & Families Prince George's Co. DSS 925 Brightseat Dr, Hyattsville MD 20785	Hours: 3
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This class offers an overview of all three Trust-Based Relational Intervention Principles, with a focus on healing trauma through healthy attachment.

SEPTEMBER

DATE / TIME	TRAINING / LOCATION	Asterisk (*) Indicates Training Meets Discipline Requirement
Fri, 9/7/18 AM: 9:00am – 12:00pm PM: 1:00pm – 4:00pm	AM: Understanding Adverse Childhood Experiences PM: Digital Safety UMB School of Social Work 525 W. Redwood Street, Baltimore, MD 21201	Hours: 3 Hours: 3

AM: Learn a broad overview of the impact of ACEs on health and well-being, and explore factors that increase resiliency in children and families.
PM: Learn about online safety and how to protect children from technology facilitated crimes, sexting, child pornography, online predators, social networks, and more.

Thu, 9/13/18 7:00pm – 9:00pm	Managing the Triad Epworth Church 9008 Rosemont Drive, Gaithersburg, MD 20877	Hours: 2
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Parents will come away with a better understanding of the different perspectives of each member of the triad - birth parents, foster parents, and children. Learn how to navigate relationships that are important to your child's developing sense of self.

Sat, 9/15/18 AM: 9:00am – 12:00pm PM: 1:00pm – 4:00pm	AM: Raising Children in Social Equity PM: Holding it Together: Disruption Prevention* 45 Community Place, Crownsville, MD 21032 (Former Mary E. Moss Academy)	Hours: 3 Hours: 3
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AM: Understand how racial trauma impacts child development. Learn mind-body medicine in discussing tough topics as well as how to promote positive racial identity.
PM: Explore the stages of disruption, discuss its impact on parents and children, and outline prevention strategies to help families stay together.

Sat, 9/22/18 AM: 9:00am – 12:00pm PM: 1:00pm – 4:00pm	AM: Decreasing Compassion Fatigue PM: Bringing Healing to Children Howard Co DSS 7121 Columbia Gateway Dr, Columbia, MD 21046	Hours: 3 Hours: 3
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AM: Caregivers will learn tools to help decrease compassion fatigue that can come from the stressors of everyday parenting.
PM: This class offers an overview of all three Trust-Based Relational Intervention Principles, with a focus on healing trauma through healthy attachment.

Thu, 9/27/18 6:00pm – 8:00pm	Complicated Children* Charles Co. DSS 200 Kent Ave, La Plata, MD 20646	Hours: 2
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Learn why children with complicated histories behave the way they do and how to handle these behaviors to create long term change.

OCTOBER

DATE / TIME	TRAINING / LOCATION	Asterisk (*) Indicates Training Meets Discipline Requirement
Thu, 10/4/18 6:00pm – 8:00pm	How to Parent the Wounded Child* Queen Anne's Co. DSS 125 Comet Drive, Centreville, MD 21617	Hours: 2

Learn about the effects of trauma and broken attachments on a child's developing brain. Build your own capacity to help children heal and increase self-regulation.

Sat, 10/6/18 AM: 9:00am – 12:00pm PM: 1:00pm – 4:00pm	AM: Supporting Children Impacted by Incarcerated Parents PM: Learning and the Effects of Trauma* UMB School of Social Work 525 W. Redwood Street, Baltimore, MD 21201	Hours: 3 Hours: 3
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AM: This training will help parents understand the impact of incarcerated parents on a child, and provide caregivers with the tools to help children process their feelings.
PM: Children who experience developmental, physical, and emotional trauma often have difficulty in school. After this class, parents will be able to act as educational advocates for their child.

Tue, 10/9/18 6:00pm – 8:00pm	Bridging the Gap* TCC Multiservice Center 31901 Tri-County Way, Salisbury, MD 21804	Hours: 2
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Come learn age appropriate expectations and disciplinary strategies.

Sat, 10/27/18 8:00am – 4:30pm	Fall 2018 Resource Parent Conference College of Southern Maryland 8730 Mitchell Rd, La Plata, MD 20646	Hours: 6
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SEE REVERSE SIDE FOR AVAILABLE CONFERENCE CLASSES.

Tue, 10/30/18 6:00pm – 8:00pm	Discipline with Foster/Adoption Care Twist* Frederick Co. DSS 1888 N. Market St., Frederick, MD 21701	Hours: 2
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Learn specialized discipline approaches for children who have experienced trauma that enhance relationships and preserve self-esteem.

NOVEMBER

DATE/TIME	TRAINING/LOCATION	Asterisk (*) Indicates Training Meets Discipline Requirement
Wed, 11/7/18 6:30pm – 8:30pm	Realities of Reunification Carroll Co. DSS 1232 Tech Ct, Westminster, MD 21157	Hours: 2

Process the emotional realities of reunification for both the foster family and the child.

Thu, 11/15/18 6:00pm – 9:00pm	Parenting from the Trenches Charles Co. DSS 200 Kent Ave, La Plata, MD 20646	Hours: 3
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Examine scenarios and learn practical suggestions for therapeutic parenting techniques that will promote and create healthy attachments.

Sat, 11/17/18 9:00am – 4:00pm	Trust-Based Relational Intervention Allegany Co. DSS 1 Frederick Street, Cumberland, MD 21502	Hours: 6
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The first half of the day will focus on an introduction to TBRI - Trust-Based Relational Intervention as a model for caregiving. Caregivers will learn about Connection, Empowerment, and Correction. The second half of the day will focus on the Connecting Principle, learning the foundation of attachment and why it is important to understand a child's relational and behavioral strategies. **ALL DAY TRAINING.**

DATE/TIME	TRAINING/LOCATION	Asterisk (*) Indicates Training Meets Discipline Requirement
Sat, 12/1/18 AM: 9:00am – 12:00pm PM: 1:00pm – 4:00pm	AM: Parenting from the Trenches PM: Managing the Triad Garrett Co. DSS 12578 Garrett Hwy, Oakland, Md 21550	Hours: 3 Hours: 3

AM: Examine scenarios and learn practical suggestions for therapeutic parenting techniques that will promote and create healthy attachments.
PM: Parents will come away with a better understanding of the different perspectives of each member of the triad - birth parents, foster parents, and children. Learn how to navigate relationships that are important to your child's developing sense of self.

Tue, 12/4/18 6:30pm – 8:30pm	Help Me Love This Child Carroll Co. DSS 1232 Tech Ct, Westminster, MD 21157	Hours: 2
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Learn about the impact of secondary trauma on parents and siblings, while addressing the impact of trauma on your child.

Fri, 12/7/18 AM: 9:00am – 12:00pm PM: 1:00pm – 4:00pm	AM: Language Matters - Drug Use and Pregnancy PM: When Grief Comes Home UMB School of Social Work 525 W. Redwood Street, Baltimore, MD 21201	Hours: 3 Hours: 3
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AM: Learn the physiology of substance use disorders as well as the impact on pregnancy. Understand the language used to connect to mothers who have used substances prenatally.
PM: Understand how grief affects everyone in the foster care system, incl. adults.

WEBINARS

Enroll in any webinar via the online RPT LearnCenter at www.family.umaryland.edu/rpt. Webinar link will be in the emailed confirmation letter prior to the webinar.

LUNCH & LEARN WEBINAR SERIES, 12:00PM - 1:00PM

Wed, 8/15/18	Fostering and Adopting Across Racial and Cultural Lines: What You Need to Know	Hours: 1
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This seminar is designed to educate current foster and adoptive parents about the important issues involved in trans-racial and trans-cultural adoption.

Mon, 9/24/18	Navigating the Special Education and IEP Process	Hours: 1
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Participants will learn the basic timelines and parental rights related to the IEP process, how to prepare for an IEP meeting, and how to read and understand a student's IEP.

Thu, 10/4/18	Understanding the School Discipline Process	Hours: 1
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This training will provide participants with an overview of school discipline, specifically suspension and expulsion, in Maryland public schools. Participants will leave with an understanding of students' due process rights related to school removals, special rights provided to students with disabilities, and alternatives for addressing inappropriate behavior.

Tue, 11/13/18	Supporting Our Children: Parenting a Child Impacted by Incarcerated Parents	Hours: 1
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This training will help parents understand the impact of incarcerated parents on a child, & provide caregivers with the tools to help children process their feelings.

Thu, 12/13/18	Autism Spectrum Disorder - Considerations for Foster Parents	Hours: 1
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Receive an overview of the prevalence, etiology, and diagnostic criteria for Autism Spectrum Disorder. Participants will be able to identify typically developing children and those with an ASD diagnosis.

EVENING WEBINAR SERIES, 7:00PM - 8:00PM

Thu, 9/20/18	Toileting Problems: Encopresis & Enuresis	Hours: 1
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Understand the causes and how to address and prevent it, while having developmentally appropriate expectations.

Tue, 10/16/18	Need a Hug? How to Avoid Burnout as a Foster Parent and Promote Self-Care	Hours: 1
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Learn to balance your needs with the need of your child. Caregivers will leave with a plan for self-care and increased resiliency against secondary traumatic stress.

Thu, 11/1/18	Joy, Loss, and the Holiday Season	Hours: 1
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Holidays can trigger joy, loss, and grief. Gain a better understanding of how these underlying feelings amplify behaviors while learning strategies on how to manage them.

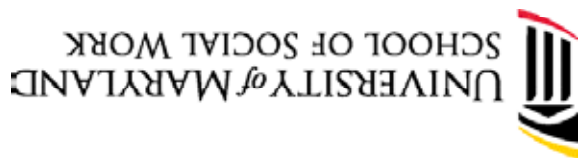


RESOURCE PARENT

FALL 2018 TRAINING CALENDAR

A Maryland Department of Human Services (DHS) & University of Maryland School of Social Work (UMBSW), Child Welfare Academy (CWA) Partnership

AUGUST	SEPTEMBER	OCTOBER	NOVEMBER	DECEMBER
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Child Welfare Academy
TRANSFORMING PRACTICE THROUGH EDUCATION, TRAINING & EVALUATION

Child Welfare Academy, c/o Laura Teetermoran
525 W. Redwood Street
Baltimore, Maryland 21201-1705



CONFERENCE

Saturday 10/27/18
8:00am – 4:30pm

Fall 2018 Resource Parent Conference
Hours: 6

College of Southern Maryland |
8730 Mitchell Rd, La Plata, MD 20646

Please join the Maryland Resource Parent Association, the Child Welfare Academy, & the Department of Human Services, in conjunction with the local Departments of Social Services, for a full-day resource parent conference to include motivational keynotes, morning & afternoon workshops, & a gift basket raffle. Breakfast, lunch, & afternoon snack will be provided. * indicates courses that meet the state's discipline requirements

Keynote Speaker
Creating Villages of Support - Dr. Tara Doaty

Morning Workshops

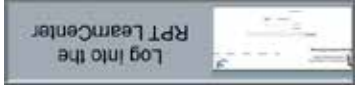
- Adolescence and Trauma: Understanding the Connection
- Creating Teachable Moments
- Making the Most of Visitation
- Discipline with a Foster Care/Adoption Twist*
- If Behaviors Aren't Making Sense - Maybe It's Sensory*

Afternoon Workshops

- Basic LGBTQ Competency for Resource Parents
- Digital Safety: Understanding the Dangers of Technology
- Holding it Together: Disruption Prevention*
- Understanding and Recognizing Trauma Behaviors*
- The Power of Healing Foster Parent Relationships for Traumatized Children in Foster Care*

CONTACT US TODAY TO REGISTER:

ONLINE: www.family.maryland.edu/rpt



*Your username is Last Name, First Initial OR Last Name, Full Name (ex. SmithJ or SmithJohn)

TELEPHONE: 410.706.0721 or 410.706.4509

EMAIL: lteetermoran@ssw.umaryland.edu

My name is Laura Teetermoran, Resource Parent Training Program Manager here at the Child Welfare Academy. Please contact me if you have any questions and I look forward to seeing you at our trainings!



IMPORTANT REMINDERS

- Due to the sensitive nature of these topics, only registered participants are permitted in the classroom. CHILD CARE IS NOT PROVIDED BY CWA. PLEASE DO NOT BRING CHILDREN OR TEENS.

- Breakfast & lunch are NOT provided by CWA. Please plan accordingly.

- Training for MD Resource Parents is offered at no cost. Certificates are available in person or online through the portal.

Training is offered statewide to Maryland Resource Parents through the Maryland Department of Human Services (DHS) & University of Maryland School of Social Work (UMBSW), Child Welfare Academy (CWA) partnership. The training provides resource parents with professional development education, resources, & tools to help with complex situations or issues related to caring for children, youth & teens in foster care.

