

Spring 2018 Resource Parent Conference

Afternoon Workshops – Two Hours – Choose One

Participants
will enjoy:

Motivational
Keynote

Morning &
Afternoon
Workshops

Breakfast &
Lunch

Afternoon
Snacks

Gift Basket
Raffles

Vendors

Resource
Parent

Association

Parenting Troubled Teens*

(Meets Maryland's Behavior Management Requirement) Adolescence is a trying time for both teenagers and their families. While all teens struggle with issues related to identity formation, these concerns are often compounded for teens in foster care or who have been adopted. This can make parenting a foster/adopted teen a challenging and complex endeavor, requiring a unique set of skills and strategies. This interactive workshop will provide a comprehensive overview of typical vs. atypical teen development. Some difficult behaviors that might be encountered such as defiance, lying/stealing, and control battles will be explored, and parents will gain a better understanding of why their teens behave the way they do. Resource and adoptive parents will learn skills to support their teens and establish a more peaceful and cooperative relationship.

Healing Childhood Trauma in Foster Care*

(Meets Maryland's Behavior Management Requirement) All children in foster care have been traumatized. Foster Parents are in a unique position to create healing, lasting relationships with children who have been traumatized. Come learn about why connecting to a traumatized youth can feel so difficult and how to help heal trauma by building a therapeutic parenting relationship even with children that fear connections. Learn specifics about the impact of trauma on a child's brain development and leave with tools to incorporate into your current parenting that help bring lasting change and healing to traumatized children.

Digital Safety

Through facilitated discussion, video, and practical demonstrations, participants will learn about online safety and how to protect children from technologically facilitated crimes. Topics of discussion will be: sexting, child pornography, sextortion, online predators, social networks, apps, sharing photos, peer to peer downloads, cyberbullying, the dark web, other dangers and additional resources.

Drug Trends and Identification

Participants will learn what to look for and how to identify controlled dangerous substances from a Maryland State Police Drug Enforcement Assistant Commander

Infant, Youth, & Adult CPR

This comprehensive CPR course provides training for use with infant, youth, and adult victims in a variety of emergency situations. Participants will learn skills to include performing rescue breathing, clearing an obstructed airway, and performing one-rescuer CPR.

TO REGISTER go to www.family.umaryland.edu/rpt

Use the CONFERENCE button to reach the RPT LearnCenter login page, where you will be asked for your username and password. Once logged in, click the conference button on the left.

If you do not know your username and/or password, please email lteetermoran@ssw.umaryland.edu to request your username and password.

If you need assistance registering for the conference, please call 410-706-0721 or 410-706-4509.

