

Spring 2018 Resource Parent Conference

Saturday, March 3, 2018

8:30am-4:00pm

On-Site Registration begins at 7:30am. Register ahead online!

Chesapeake College, 1000 College Circle, Wye Mills, MD 21679

REGISTRATION: www.family.umaryland.edu/rpt or you may call 410-706-0721 / 410-706-4509

Morning Workshops – Two Hours – Choose One

Participants
will enjoy:

Motivational
Keynote

Morning &
Afternoon
Workshops

Breakfast &
Lunch

Afternoon
Snacks

Gift Basket
Raffles

Vendors

Resource
Parent
Associations

Basic LGBTQ Competency for Resource Parents

This critical session equips parents with a comprehensive foundation of knowledge on lesbian, gay, bisexual, transgender, queer, and questioning (LGBTQ) individuals and their experiences within the child welfare system. Participants will learn key concepts and terminology related to sexual orientation, gender identity and expression (SOGIE). Research findings on the prevalence and experiences of LGBTQ youth in foster care will be explored. The session concludes by outlining the steps every parent can take to welcome and affirm LGBTQ youth within their homes and beyond.

Discipline: Finding Children's Strengths in the Oddest Places*

(Meets Maryland's Behavior Management Requirement) Do you have a love/hate relationship with discipline? Do you question whether you're doing it "right"? If so, then you are a normal parent! It is very easy to fall into the trap of focusing on negative behaviors and what is not going right. Join the discussion that will leave you feeling inspired and with tangible skills and ideas on how tackle situations from a different perspective.

Holding it Together: Disruption Prevention

There are times when foster and adoptive parents become so overwhelmed with the challenges of caring for a complicated and hurt child that they want to quit. This seminar will explore the stages of disruption, discuss its impact on parents and children, and outline prevention strategies to help families stay together, even through the most trying times. Emphasis will be placed on preparing families to raise a hurt child, providing tools to support families when life gets tough, preventing disruption when possible, and guiding families through the process of disruption when there is no other option.

Ready By 21: Future of Our Teens

Learn ways to better prepare foster teens for adulthood. This workshop will explore identified benchmarks and compare some of the available services for youth from age 14 to age 21. Participants will also receive a copy of DHR's Ready by 21 manual, which is a great tool for resource parents to have as integral members of a youth's DSS team.

Infant, Youth, & Adult CPR

This comprehensive CPR course provides training for use with infant, youth, and adult victims in a variety of emergency situations. Participants will learn skills that include performing rescue breathing, clearing an obstructed airway, and performing one-rescuer CPR.

*Participants who attend the full day will receive 6.5 Training Hours.
Afternoon workshop descriptions on reverse.*



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Afternoon Workshops – Two Hours – Choose One

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Parenting Troubled Teens*

(Meets Maryland's Behavior Management Requirement) Adolescence is a trying time for both teenagers and their families. While all teens struggle with issues related to identity formation, these concerns are often compounded for teens in foster care or who have been adopted. This can make parenting a foster/adopted teen a challenging and complex endeavor, requiring a unique set of skills and strategies. This interactive workshop will provide a comprehensive overview of typical vs. atypical teen development. Some difficult behaviors that might be encountered such as defiance, lying/stealing, and control battles will be explored, and parents will gain a better understanding of why their teens behave the way they do. Resource and adoptive parents will learn skills to support their teens and establish a more peaceful and cooperative relationship.

Healing Childhood Trauma in Foster Care*

(Meets Maryland's Behavior Management Requirement) All children in foster care have been traumatized. Foster Parents are in a unique position to create healing, lasting relationships with children who have been traumatized. Come learn about why connecting to a traumatized youth can feel so difficult and how to help heal trauma by building a therapeutic parenting relationship even with children that fear connections. Learn specifics about the impact of trauma on a child's brain development and leave with tools to incorporate into your current parenting that help bring lasting change and healing to traumatized children.

Digital Safety

Through facilitated discussion, video, and practical demonstrations, participants will learn about online safety and how to protect children from technologically facilitated crimes. Topics of discussion will be: sexting, child pornography, sextortion, online predators, social networks, apps, sharing photos, peer to peer downloads, cyberbullying, the dark web, other dangers and additional resources.

Drug Trends and Identification

Participants will learn what to look for and how to identify controlled dangerous substances from a Maryland State Police Drug Enforcement Assistant Commander

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TO REGISTER go to www.family.umaryland.edu/rpt

Use the CONFERENCE button to reach the RPT LearnCenter login page, where you will be asked for your username and password. Once logged in, click the conference button on the left.

If you do not know your username and/or password, please email lteetermoran@ssw.umaryland.edu to request your username and password.

If you need assistance registering for the conference, please call 410-706-0721 or 410-706-4509.

