

Spring 2017 Resource Parent Conference

Saturday, March 18, 2017

8:30am-4:00pm

On-Site Registration begins at 7:30am

Chesapeake College, 1000 College Circle, Wye Mills, MD 21679

Morning Workshops – Two Hours – Choose One

Attachment & Trauma: Helping Kids Heal Through Reparative Relationships (*Meets Maryland's Behavior Management Requirement*) This workshop offers an essential overview of what trauma is, how it effects the brain and how it impacts attachment and social/emotional functioning. Foster parents and staff will be able to reinterpret challenging behaviors as symptoms of trauma and learned methods of coping rather than defiance or manipulation. This strengths-based approach to understanding trauma will serve as the framework for introducing parenting strategies that support and encourage a healing process for the foster youth.

Digital Media: The Impact on Children's Physical, Intellectual, Social and Emotional Development Technology has evolved at a rapid pace during the past quarter century. While this has brought us vast opportunities, the growth of technology has also outpaced our understanding of its influence on the human nervous system. The nervous systems of children and adolescents, being "works in progress" are more vulnerable, for better or worse, to the impacts of a "love affair" with our devices. This workshop will provide an overview of ways that technology can affect children, and to a lesser degree, adults as well. Recommendations for structuring the use of technology to facilitate children's intellectual, emotional, and behavioral functioning will be offered.

Children & Mental Health: A New Approach to Understanding the Needs of Children If the mental health system just does not seem to be addressing the problem our kids are having, maybe it's time to look at mental health differently. Come learn to look past the behavioral symptoms to the root of mental health issues and address the root causes to help children find true healing.

Suicide Awareness: "Keep Them Talking" This suicide awareness training will help parents gain an understanding about the thought processes and behaviors associated with suicide ideations/gestures. It seeks to help individuals develop a comfort level talking about suicide and managing an incidence(s) when someone expresses suicide ideations/gestures. We will discuss best practice responses, develop action plans, and identify support services.

Infant, Youth, & Adult CPR Infant, Youth, & Adult CPR This comprehensive CPR course provides training for use with adult, infant and child victims in a variety of emergency situations. Participants will learn skills to include performing rescue breathing, clearing an obstructed airway, and performing one-rescuer CPR.

Registration: www.family.umaryland.edu/rpt
Or you may call 410-706-0721 / 410-706-4509

*Participants who attend the full day will receive 7 CEUS.
Afternoon workshop descriptions on reverse.*

Participants
will enjoy:

Motivational
Keynote

Morning &
Afternoon
Workshops

Breakfast &
Lunch

Afternoon
Snacks

Gift Basket
Raffles

Vendors

Resource Parent
Associations

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Afternoon Workshops – Two Hours – Choose One

Participants
will enjoy:

If Behaviors Aren't Making Sense, Maybe It's Sensory

(Meets Maryland's Behavior Management Requirement) Come learn about sensory processing issues that some children develop due to abuse or neglect and learn ways to address them.

Motivational
Keynote

Optimizing Psychiatric Medication Use in Children & Adolescents The presence of mental health needs in children in the Child Welfare System has been estimated to affect more than half of this population. The use of psychotropic medication can be an important part of the overall treatment plan. While these drugs can provide significant benefits for mood and behavior, they may have some undesirable effects on physical and mental development. Resource parents are key players in optimizing the results attained from psychotropic drug treatment. To assist them with this important task, this workshop will review the primary diagnoses and categories of medications used with children, their therapeutic effects, possible side effects, and overall guidelines.

Morning &
Afternoon
Workshops

Realities of Reunification Reunification is the first and most common goal for children in the foster care system, which resource parents learn early in their initial training, but the challenges of doing the work to support a child and family towards reunification, along with the emotional realities of loving a child and having to let go, can be harder to manage in real life. Learn how to face the challenges and process the realities with a former resource parent who has experienced it first hand and who professionally specializes in attachment and trauma.

Breakfast &
Lunch

Helping Substance Exposed Newborns to Cope The goal of this workshop is to empower those taking care of the substance exposed newborn. You will be taught skills to support and calm a withdrawing baby and to understand what they have been exposed to the first few weeks of life. This is a hands-on workshop where you will learn the benefits and basic techniques of infant massage.

Afternoon
Snacks

Preparing Youth for a Successful Young Adulthood Learn about new and innovative approaches to helping our transitional age youth prepare for and reach the necessary benchmarks to be successful young adults. Reflecting on each participant's own struggles to reach adulthood, this interactive workshop will include real life applications for Resource Parents to use with transitional age youth still in care.

Gift Basket
Raffles

Vendors

Infant, Youth, & Adult CPR Infant, Youth, & Adult CPR This comprehensive CPR course provides training for use with adult, infant and child victims in a variety of emergency situations. Participants will learn skills to include performing rescue breathing, clearing an obstructed airway, and performing one-rescuer CPR.

Resource
Parent

Association

TO REGISTER...go to www.family.umaryland.edu/rpt and use the conference button to reach the RPT LearnCenter login page, where you will be asked for your username and password. Once logged in, click the conference button on the left.

If you do not know your username and/or password, please email abouldin@ssw.umaryland.edu to request your username and password.

If you need assistance registering for the conference, please call 410-706-0721 or 410-706-4509.