

CHILD WELFARE ACADEMY



Resource & Kin Caregiver Training Calendar

Spring 2026 MEDICATION and BEHAVIOR Trainings



Welcome!

We are excited to continue to offer workshops focused specifically on medication management and behavioral/discipline management strategies for caregivers. All Sessions are marked below -



REGISTER HERE - <https://theinstitute.ce21.com/>

**You must "Join" the Resource Parent/Kinship Caregiver Community
New Accounts May take 2 business days to activate.**

All trainings are FREE for all Maryland Resource and Kin Caregivers licensed through their Local DSS.

NEW On-Demand **Medication** Training

**On-Demand
(Approx
2 hours)
MEDICATION***

Overview for Caregivers on the Oversight and Management of Psychotropic Medications
This training provides a comprehensive overview of the processes used to manage, monitor, and oversee the use of psychotropic medications for children and youth in out-of-home care. Participants will gain foundational knowledge about psychotropic medications, including the different classes of medications, their intended uses, and their role within a child's overall behavioral health treatment plan. Emphasis is placed on child- and youth-centered, trauma-informed care to support safety, well-being, and positive outcomes.

[Click HERE](#) to register

*Can only be used once to meet the requirement. Each individual must use own device

Upcoming Live Offerings

IMPORTANT POLICIES

ALL Trainings are virtual.
In Person events will be noted.

Attendees must attend the entire class in order to receive credit. No partial credit is given.

If sharing a device, you must remain on camera throughout the training. Otherwise, please join from separate devices.

Due to sensitive content and confidentiality, please use headphones as needed.

Priority is given to parents licensed directly through their local Department of Social Services. Training is open to other caregivers families and informal kinship caregivers as space allows.

^ Federally funded training from National Training and Development Curriculum (NTDC) released to the public for free in 6/2022

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April

Sat 4/11 9:00-11:00am (2 hours) MEDICATION	Children's Mental Health – Defined Through this training, parents will understand some of the causes of mental health in children and the prevalence of and criteria for a mental health diagnosis. Treatments for children will also be discussed.
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May

Tue 5/19 6:00-8:00pm (2 hours) MEDICATION	Medication Management - Effective Mental Health Treatment This training offers tips on how to be effective consumers of child psychiatry services including general review of diagnostic evaluations, outcomes, evidence-based care, informed consent/assent, treatment adherence, medication side effects and safety issues, and tips when treatment is not working. This training will center around Trauma-informed treatment and recognizing trauma and its impact on children and families.
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June

Fri 6/26 11:00am-1:00pm (2 hours) MEDICATION	Medication Management - Being Truly Trauma-Informed: Looking Beyond the Diagnosis This training will include a general review of diagnostic evaluations, outcomes and evidence-based care, informed consent/assent, treatment adherence, medication side effect and safety issues, and tips when treatment is not working. There will also be an overview of commonly prescribed psychiatric medication classes. Discussions will illustrate points about medication adherence, monitoring, and outcomes. This training will center around Trauma-informed treatment, recognizing trauma and its impact on children and families. Families will learn how to integrate trauma informed care in comprehensive treatment, and the importance and benefit of trauma psychosocial services.
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Behavior Offerings - March

Tue 3/24 6:00-8:00pm (2 hours) BEHAVIOR	Preparing a Trauma-Informed Home: What it Means for You, Your Family & Child in Your Care When a child comes to you from foster care, they are experiencing loss, uncertainty and fear about how your home will be different from the one they just came from. Preparing yourself and your family to welcome a child who has experienced trauma, separation, and loss brings challenges that are not always known from the beginning. In this training, participants will learn practical strategies to support the needs of everyone during the time of transition and beyond. Particular focus is placed on managing expectations and creating an environment that feels safe physically and emotionally for the child coming into your home.
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April

Tue 4/21 6:00-8:00pm (2 hours) BEHAVIOR	Discipline with a Foster Care and Adoption Twist Foster and adoptive children who have experienced maltreatment and other forms of trauma require specialized discipline approaches that enhance relationships, build connections, preserve self-esteem, and avoid re-traumatization. There are numerous behavior management programs and discipline techniques that are effective for mainstream parenting but may need to be adapted to meet the unique needs of adopted and foster children. This workshop will explore how elements of traditionally accepted approaches such as 123-magic, Love and Logic, time-out, and lecture can be tweaked for children with traumatic histories. Participants will learn specific strategies they can begin applying immediately.
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May

Sat 5/2 9:00-11:00am (2 hours) BEHAVIOR	Responding to Children in Crisis[^] This training will equip caregivers with strategies to help children become regulated while de-escalating crises. Participants will become aware of strategies to help children return to a calm state and keep children who are dysregulated safe while also keeping family members safe. Strategies to help children and families feel physically and psychologically safe will also be shared. Caregivers will also understand the importance of partnering with other professionals and entities around a crisis (police, Department of Juvenile Justice, mental health professionals).
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June

Thu 6/4 6:00-8:00pm (2 hours) BEHAVIOR	What to Do When Your Child Lies, Steals and Hoards Food It is natural that parents feel hurt, angry and frustrated when their child repeatedly lies to their face without feeling guilty, remorseful or taking any responsibility. Stealing from family members, teachers or the child's classmates and friends is another issue that is very challenging for parents. It is equally hard to understand why a child would hide food in their room when there is plentiful food available. For parents to understand how to help make sense of their child's behaviors, it is essential to understand what is behind the behavior. When children behave in this way, it is an indication that they are not feeling emotionally safe because they are traumatized and in "blocked trust." This training will help parents make sense of lying, stealing, and hoarding and will provide strategies that will help their children develop healthier behaviors.
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Questions? Contact Laura Teetermoran

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