

MRPA PRESENTS

Understanding ADHD: A Guide for Foster Parents

Thursday, April 10th 2025 6 - 8pm ET

About Our Presenter: Peter Fitts, LCSW-C

Peter Fitts is a **therapist at The Chesapeake Center** with over 20 years of experience working with individuals, families, and couples. In addition to his role as a clinician, he has managed therapeutic foster care services for youth within the state of Maryland for over 25 years, implementing best practice methods and evidence-based curriculum. Mr. Fitts received his bachelor's degree in psychology from Xavier University and his master's degree in clinical social work from Howard University.



www.thechesapeakecenter.com

The Chesapeake Center is a large, multi-disciplinary private practice specializing in the treatment of ADHD, learning differences, and their many co-occurring conditions.

About the Workshop

This session will be highly interactive, offering opportunities to:

- Share experiences;
- Ask questions; and
- Collaborate with other foster parents.

You will leave with practical strategies and a deeper understanding of how to provide the best care and support for a child with ADHD.

In this workshop, you will gain a comprehensive understanding of ADHD, including:

- What is ADHD?
- ADHD and Executive Functioning
- The Role of Anxiety in ADHD
- Misconceptions About ADHD
- Medications vs. Non-Medication Approaches
- Managing ADHD
- Advocating for Your Child

Register Now! <https://rb.gy/b8w6sh>

A link to join will be emailed to you after you register.



Training Credits Will Be Awarded mrpa.org