

# CHILD WELFARE ACADEMY

## Effective Mental Health Treatment Through a Trauma-Informed Lens



### Welcome!

We are excited to announce our newest resource parent training which will meet the Medication Management training requirement. Dates are scheduled through the end of 2021. Registration will open for each date a few weeks prior.

Please encourage your families to register as soon as each date opens, as space is limited for each session, and we will need to train 1600+ parents across the state.

### *Effective Mental Health Treatment Through a Trauma-informed Lens*

"This training seeks to provide parents and caregivers with tips on how to be effective consumers of child psychiatry services. Included will be a general review of diagnostic evaluations, outcomes and evidence-based care, informed consent/assent, treatment adherence, medication side effect and safety issues, and tips when treatment is not working. There will also be an overview of commonly prescribed psychiatric medication classes - stimulants, SSRI antidepressants, and SGA antipsychotic medications. Discussions will illustrate points about medication adherence, monitoring, and outcomes. This training will center around Trauma-informed treatment, recognizing trauma and its impact on children and families. Families will learn how to integrate trauma informed care in comprehensive treatment, and the importance and benefit of trauma psychosocial services."

**Our training is provided for licensed Maryland Resource Parents or Kinship Caregivers.  
Currently workshops are ONLINE ONLY via Zoom at the designated date and time.  
Participants can access Zoom via computer, tablet, or smart phone.  
All trainings are FREE.**

**\*\* First time users must contact Laura Teetermoran for registration access:\*\***  
[lteetermoran@ssw.umaryland.edu](mailto:lteetermoran@ssw.umaryland.edu) or (410)706-0721  
Registration is required at <https://theinstitute.myabsorb.com/>

### Dates Available

**Monday, May 24 – 6:00-8:00pm**  
**Tuesday, June 15 – 12:00-2:00pm**  
**Thursday, July 22 – 6:00-8:00pm**  
**Saturday, Aug 7 – 9:00-11:00am**  
**Saturday, Sept 18 – 9:00-11:00am**  
**Monday, Oct 25 – 6:00-8:00pm**  
**Monday, Nov 15 – 6:00-8:00pm**  
**Saturday, Dec 4 – 9:00-11:00am**